



## 21st Panhellenic Congress on Thoracic Diseases

Thessaloniki 1-4 November 2012 The Met Hotel

Organized by the Hellenic Society of Respiratory and Occupational Chest Diseases in collaboration with the Hellenic Society of Occupational and Environmental Medicine and Macedonian Cooperative Group for Lung Cancer Research

**HELENIC SOCIETY OF RESPIRATORY & OCCUPATIONAL CHEST DISEASES**  
HSROCD

**21<sup>st</sup> Panhellenic Congress on Thoracic Diseases**  
with International Participation  
Thessaloniki 1-4 November 2012  
The Met Hotel

Endorsed by the **ERS**

- ERS School on Medical Thoracoscopy 29-31 October 2012  
(visit ERS website: [www.ersnet.org](http://www.ersnet.org))
- ERS Postgraduate courses 1 November 2012  
A. Diagnostic techniques in respiratory medicine  
B. Non-small cell lung cancer treatment

The Congress is Accredited by  
European Board for Accreditation in Pneumology and  
European Accreditation Council for Continuing Medical Education  
Institution of the U.E.M.S  
for 18 C.M.E. credits

[www.forumcongress.com/21thoracicdiseases](http://www.forumcongress.com/21thoracicdiseases)

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## Journal of Thoracic Disease

editor in chief Dr Prof Nanshan Zhong, MD (Edin), FRCS (Edin), FRCP (London), FRCP (Ireland)

**All abstracts will be published in Journal of Thoracic Disease after the Congress.**

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ΥΠΟ ΤΗΝ ΑΙΓΙΔΑ ΤΟΥ  
ΥΠΟΥΡΓΕΙΟΥ ΥΓΕΙΑΣ

## Invitation

The Annual Panhellenic Congress on Thoracic Diseases has been established as the most important scientific event held in Greece for pulmonologists, thoracic surgeons and paediatric pulmonologists. Since its establishment in 1984, it has provided a unique forum for presentation of scientific research, an opportunity to review the latest knowledge on the whole spectrum of lung diseases, and a venue for informal sharing of information and research experience with Greek and foreign expert colleagues.

The 21st Panhellenic Congress on Thoracic Diseases, scheduled for November 2012, aims to continue this tradition of excellence and is due to take place in Thessaloniki. Built in 315 BC and named after the sister of Alexander the Great, Thessaloniki is the second largest city in Greece, rich in Ancient Greek and Byzantine monuments.

On behalf of the Executive Committee of the Congress, we cordially invite physicians of related specialties as well as active scientists, to attend the Congress and take the opportunity to present original papers on every aspect of thoracic medicine, both basic and clinical.

To improve the knowledge on diagnosis and management of thoracic diseases the Congress faculty will also offer a number of State of the Art lectures and interactive educational sessions including two ERS postgraduated courses. We look forward to meeting you at Thessaloniki on 1-4 of November 2012!

On behalf of the Hellenic Society of Respiratory and Occupational Chest Diseases



Kostas Zarogoulidis MD, PhD, FCCP  
President



Nikos Galanis MD, PhD  
General Secretary

# **COMMITTEES**

## **HONORARY PRESIDENTS OF THE 21st Congress on Thoracic Diseases**

Qiang Li  
V. Tarlatzis

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K. Zarogoulidis

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K. Syrigos  
G. Tatsis  
V. Tsara  
W. Hohenforst-Schmidt

## PROGRAM

THURSDAY 1 NOVEMBER 2012

### HALL A

12.30 - 14.30

#### **ERS Postgraduate course**

**Diagnostic techniques in respiratory medicine**

Chairing: **Qiang Li - D. Papakosta**

Current diagnostic techniques in bronchial asthma

**K. Katsoulis**

Thoracoscopy in pleural infections

**A.G. Casalini**

Syngo DynaCT for the diagnosis of the lung cancer.

**W. Hohenforst-Schmidt**

The role of bronchoalveolar lavage in respiratory diseases  
**D. Papakosta**

## **HALL A**

**17.00 - 19.00**

**ERS Postgraduate course**

**Non-small cell lung cancer treatment**

**Chairing: K. Zarogoulidis - A. Rapti**

**Moderator: K. Syrigos**

Multidisciplinary treatment of non metastatic NSCLC (stage I-IIIa)

**W. Eberhardt**

The management of advanced non-small cell lung cancer in 2012

**J-P Sculier**

Latest progress in biological agents

**R. Pirker**

Second line chemotherapy

**L. Petruzelka**

**20.30 Opening Ceremony**

**FRIDAY 2 NOVEMBER 2012**

## **HALL A**

**8.45 - 10.00**

**Chairs: E. Mylonaki- F. Vlastos**

**ORAL PRESENTATIONS**

**10.00-10.30**

**Chairs: I. Ntanos**

**Lecture: Statins in Chronic Obstructive Pulmonary Disease**

**A. Antoniadis**

**10.30-11.00 Break**

**11.00-12.30**

**Round Table Pleural Diseases**

**Chairs: M. Froudarakis - B. Perin**

Non-invasive approach in pleural diseases

**D. Spyrtos**

Thoracoscopy in the investigation of pleural diseases

**M. Froudarakis**

Malignant pleural effusion

**F. R. Panadero**

Mesothelioma

**Ph. Astoul**

**12.30-13.00**

**Chairs: G. Stamatis - N. Papanikolaou**

**Lecture: Interventional Bronchoscopy in lung cancer treatment**

**L. Frietag**

**13.00 - 14.30**

**Round Table**

## **Pulmonary Embolism**

Chairs: **M. Kakoura - S. Konstantinidis**

Primary prevention: surgical and medical patients are not the same

**V. Tsaousis**

Treatment and secondary prevention: Time to say goodbye to heparin and vitamin k antagonists?

**M. Kakoura**

Risk stratification with clinical scores, biomarkers, imaging: Is it really important for the clinician

**D. Jimenez Castro**

Immediate discharge and outpatient management: Which criteria? Which anticoagulants?

**S. Konstantinidis**

## **LUNCH BREAK**

16.30-18.00

### **Round Table**

#### **Surgical Management of Lung Cancer**

Chairs: **G. Drosos - K. Anastasiadis**

Comments: **K. Tsakiridis**

22 years neoadjuvant treatment for the locally advanced NSCLC stage IIA/IIIB.

Lessons learned

**G. Stamatis**

Tumors of the Lung Apex

**Ch. Foroulis**

Lung Parenchyma-sparing operations in Lung Cancer

**D. Filippou**

VATS Lobectomy: Indications and Advantages

**Th. Karaiskos**

18.00-18.30 **Break**

**18.30-19.00**

Chairs: **D. Bouros - Aik. Markopoulou**

Lecture: Cough

**A. H Morice**

19.00 - 19.30

Chairs: **K. Zarogoulidis - Th. Kontakiotis**

Lecture: Vx-001 vaccine: a new maintenance treatment for metastatic NSCLC?

**K. Kosmatopoulos**

19.30 - 20.30

### **Satellite Lecture**

New drugs on pulmonary diseases (Novartis OMBREZ)

## **HALL B**

8.30 - 9.30

Chairs: **I. Angel**

ORAL PRESENTATIONS

9.30 - 10.00

Chair: **L. Sakkas**

Lecture: The role of pathologist in the differential diagnostic immunohistochemical approach of Lung Cancer

**R. Tringidou**

10.00-10.30

Chairs: **H. Titopoulos - I. Elemenoglou**

Lecture: Treatment and follow up of the asthmatic patient in Primary Care Setting

**Th. Pechlivanidis**

10.30-11.00 **Break**

11.00 -12.30

**Round Table**

**Cystic Fibrosis: What we need to know**

Chaira: **I. Tsanakas - I. Kioumis**

From the Paediatrician to Pulmonologist: the transition procedure

**E. Chatziagorou**

Adults with Cystic fibrosis: Problems and current treatment

**Aik. Manika**

Current therapeutic treatment and new perspectives in patients with cystic fibrosis

**E. Inglezos**

12.30 - 13.00

Chairs: **P. Mpoura - M. Daniilidis**

Lecture: Immunology and Lung

**G. Kyriazis**

13.00-14.30

**Round Table**

**Non-pharmacological treatment in stable COPD**

Chairs: **E. Vlachogianni - M. Bitzani**

Home oxygen treatment: LTOT, nocturnal, ambulatory, oxygen devices

**E, Serasli**

Pulmonary rehabilitation

**D. Spyratos**

Diet and anabolics in COPD

**P. Stefanopoulou**

**LUNCH BREAK**

17.30-18.00

Chairs: **K. Passa-Fekete - D. Lagonidis**

Lecture: Obesity and Respiratory System

**S. Tryfon**

18.00 - 19.30

**Round Table**

**Non-invasive ventilation (MEMA)**

Chairs: **D. Georgopoulos - I. Pnevmatikos**

Introduction. Equipment selection

**G. Pitsiou**

NIV in COPD Exacerbation

**G. Kouliatsis**

NIV in acute hypoxemic respiratory failure

**B. Papaioannou**



NIV in post-extubation and postoperative phase

**E. Kondyli**

NIV in stable COPD: pros and cons

**D. Lagonidis**

19.30-21.00

**Round Table**

**Pulmonary Hypertension**

Chairs: **D. Patakas - I. Stanopoulos**

Clinical Decisions in Pulmonary Hypertension

**W. Hohenforst-Schmidt**

Pulmonary arterial hypertension: Cardiological approach

**S. Kostantinidis**

Developments in the treatment of pulmonary arterial hypertension

**G. Pitsiou**

## **SATURDAY 3 NOVEMBER 2012**

### **HALL A**

8.45 - 10.00

Chairs: **N. Kapravelos - F. Zoglopitis**

ORAL PRESENTATIONS

10.00-10.30

Chair: **A. Antoniadis**

Lecture: Stem Cells

**D. Bouros**

10.30-11.00 **Break**

11.00-12.30

**Round Table**

**New data in idiopathic interstitial lung diseases**

Chairs: **D. Papakosta - S. Papiris**

Comments: **D. Bouros**

The role of High-Resolution CT scan in the diagnostic approach to diffuse interstitial lung diseases

**G. Kapsas**

Prognostic Indicators in Idiopathic Pulmonary Fibrosis and their significance in Drug Studies

**E. Manali**

Acute Exacerbations of Idiopathic Interstitial Fibrosis

**K. Kagouridis**

Sleep Disordered Breathing in Idiopathic Pulmonary Fibrosis

**L. Kolilekas**

12.30-13.00

Chairs: **A. Papagiannis - V. Ioannidis**

Lecture: Palliative approach to respiratory disease

**S. Ahmedzai**

14.15 - 15.30

## **GREEK-SERBIAN WORKSHOP**

### **AGENDA:**

COPD and sleep related disorders	GROUP 1
Lung Cancer	GROUP 2
Asthma	GROUP 3
TBC and granulomatous diseases	GROUP 4
Respiratory infections	GROUP 5
Thoracic Surgery	GROUP 6
Thoracic Imaging	GROUP 7
Interventional Pulmonology	GROUP 8
Intensive Care	GROUP 9
Thoracic Pathology	GROUP 10
Lung Cancer registry and IT	GROUP 11

## **LUNCH BREAK**

17.00-18.30

### **Round Table**

#### **Imaging modalities in Pulmonology**

Chairs: **P. Palladas - V. Kalpakidis**

Mediastinal tumors

#### **I. Tsanaktsidis**

Haemoptysis treatment and the role of invasive radiology

#### **Th. Fidanis**

The role of PET - scan in the management of Lung Cancer patients

#### **Ath. Notopoulos**

18.30 - 20.00

### **Round Table**

#### **Pulmonary Tuberculosis: Lost in Translation**

Chairs: **N. Secen - G. Daskalopoulos - N. Galanis**

Modern Epidemiological data in Tuberculosis

#### **G. Spala**

The Diagnostic Significance of IGRA

#### **D. Iakovidis**

The role of quinolones in tuberculosis

#### **Aik. Manika**

Multi - drug resistance in tuberculosis

#### **V. Kuruc**

20.00 - 21.00

### **Satellite Lecture**

## **HALL B**

9.00-10.00

Chairs: **G. Tatsis - S. Bousmoukilia**

What's new in sarcoidosis

#### **S. Papiris**

Extrapulmonary sarcoidosis

#### **A. Rapti**

10.00-10.30

Chairs: **D. Georgopoulos - P. Argyropoulou**

Lecture: The role of cardiopulmonary exercise testing in preoperative evaluation  
**I. Stanopoulos**

10.30-11.00 **Break**

11.00-12.30

**Round Table**

**Systemic manifestations of sleep apnoea syndrome**

Chairs: **V. Tsara - T. Penzel**

Cardiovascular and respiratory regulation during sleep stages in patients with sleep apnea

**T. Penzel**

Innovative view at the problems of sleep apnea

**M. Bonsignore**

Metabolic disorders in sleep apnea patients

**P. Stirooulos**

Quality of life and public health issues in sleep apnea syndrome

**Ath. Pataka**

12.30 - 13.00

Chair: **E. Kalaitzidou**

Lecture: Bronchiolitis: Clinical presentation, Diagnosis, Management

**E. Fouka**

13.00 - 14.00

**Round Table**

**The respiratory system in pregnancy**

Chairs: **V. Tarlatzis - K. Zarogoulidis**

Physiologic cardio-respiratory changes during pregnancy

**D. Vavilis**

Pulmonary embolism and pregnancy

**V. Bagalas**

Asthma and pregnancy

**D. Siopi**

**LUNCH BREAK**

17.00 - 18.30

**Round Table**

**Controversies in respiratory infection**

Chairs: **P. Nikolaidis - I. Kioumis**

**Prevention of ventilator associated pneumonia**

A. Prevention is entirely feasible

**P. Kontou**

B. Prevention is not entirely feasible

**K. Arvaniti**

**Treatment of Community acquired Pneumonia**

A. Respiratory quinolones are the best choice

**A. Papagiannis**

B. Beta-Lactam plus Macrolide is the best choice

**M. Angelidou**

18.30 - 20.00

**Round Table**

**Bronchial Asthma**

Chairs: **D. Gioulekas - G. Ilonidis**

Comments: **Aik. Markopoulou**

Inhaled anticholinergics in asthma

**K. Porpodis**

Inhaled corticosteroids vs leukotrienics antagonists as initial treatment of bronchial asthma

**Aik. Mitka**

The role of small airway inflammation in asthma

**D. Latsios**

Aeroallergens and bronchial asthma

**V. Kaimakamis**

20.00 - 21.00

**Satellite Symposium**

**SUNDAY 4 NOVEMBER 2012**

**HALL A**

09.00-13.00

**NURSING TOPICS**

09.00 - 11.00

**ROUND TABLE I**

Diagnostic and therapeutic fiberoptic bronchoscopy - nursing aspects

P. Latka

Thoracoscopy - the nursing contribution

**K. Grigoriadou**

Sleep apnea- hypopnea syndrome (SAHS)

**G. Kalamaras**

Cystic fibrosis

**R. Kazantzi**

Acute respiratory failure - nursing intervention in respiratory ICU

**E. Tsiolakidou**

Nursing responsibility on the rational management of cytotoxic drugs

**E. Mourati**

11.00 - 11.15 **BREAK**

11.15 - 12.15

**ROUND TABLE II**

The nursing role in communication

N. Tsanousidou

The nurse as teacher and counsellor

M. Kapsa

The nurse as leader - researcher - advocate

Ir. Kotari

12.15 - 13.00

**ORAL PRESENTATIONS**

## HALL B

**09.15 - 10.45**

### **Round Table**

#### **Asbestos as an external risk factor in Pulmonology and Occupational Medicine**

Chairs: **T. C. Constantinidis - D. Chloros**

Epidemiologic Dimensions of Environmental and Occupational Exposure to Asbestos

**G. Rachiotis**

Mesothelioma: New Data on the Clinical Dimension of Asbestos Exposure

**M. Froudarakis**

Asbestos in the Greek Setting

**S. Drivas**

10.45 - 11.00 **Break**

11.00 - 11.30

Chairs: **S. Drivas - Th. Kontakiotis**

Lecture: European and Italian perspective of occupational exposure to asbestos

**M. Menegozzo**

**11.30 - 13.30**

### **Round Table**

#### **Interventional Strategies in Smoking Cessation**

Chairs: **P. Argyropoulou - I. Mitrouska**

Smoking: The Pulmonologist's Responsibility

**P. Argyropoulou**

Strategies of Approach to Smokers

**S. Vogiatzis**

**Drugs for Smoking Cessation**

**Ath. Pataka**

Psychological Approach to Smokers

**Aim. Stefanidou**

## **GENERAL INFORMATION**

Venue and Date

Thessaloniki 1-4 November 2012

The Met Hotel

## **REGISTRATION FEES**

### **Doctors**

(till 15 September 2012 ) 100 Euro (from 16 September) 120 Euro

### **Trainee**

(till 15 September 2012 ) 50 Euro (from 16 September) 80 Euro

### **Paramedical**

(till 15 September 2012 ) 20 Euro (from 16 September) 30 Euro

### **Students Free**

The above mentioned price does not include the VAT of 23%

### **Cancelation Policy**

Written cancelation until 30 of August FULL REFUND minus bank expences and handling fee of 20 euros

Written cancelation AFTER 30 of August NO REFUND

### **Abstract Submission**

All abstracts should be submitted to the Congress Secretariat no later than 10 October 2012.

You can submit your abstract at the email of the Secretariat [info@forumcongress.com](mailto:info@forumcongress.com) (if you not receive a confirmation of the receipt of your abstract within 3 working days please contact the Secretariat

An Abstract of no more than 350 words is required, containing clearly separated paragraphs for the aims of the study, problems addressed or hypotheses tested, methods used, results and conclusions.

All Authors they have to register at the congress

The Presenting author has to sent full contact details

For the accepted abstracts only the presenting author will be informed

For papers that want to be evaluated for the awards must be submitted as full paper in english and as abstract also

All abstracts will be published in Journal of Thoracic Disease after the Congress.

### **Awards**

1st Award for the best unpublished paper: 2000 Euros

1st Award for the best Oral Presentation: 1000 Euros

2nd Award for the best Oral Presentation: 500 Euros

1st Award for the best Poster Presentation: 800 Euros

2nd Award for the best Poster Presentation: 500 Euros

### **Special Awards**

Special Award in memory of our colleague Pandora Christaki for the best research paper: 1000 Euros

Special Award from The Macedonian Cooperative Group for Lung Cancer Research for the best paper on lung cancer: 1500 Euros